

Waiver Services (continued)

Extended State Plan Services

Services beyond the state plan limits for occupational, physical, speech, and language therapies.

Prevocational Services

Short-term training and skill development to prepare an adult for employment. *Basic Plus, Core, CP only*

Residential Habilitation Services

Assistance to learn, improve, or retain the social and adaptive skills necessary for living in the community. *Core, CP only*

Respite Care

Short-term relief to individuals who live with and care for persons with developmental disabilities. *Basic Plus, Core, CIIBS, IFS*

Skilled Nursing Services

Continuous, intermittent, or part-time nursing services. Nurse delegation services are provided by a registered nurse to train and oversee nursing assistants who perform delegated nursing tasks.

Specialized Medical Equipment and Supplies

Medically necessary equipment and supplies not available under the Medicaid State Plan.

Specialized Psychiatric Services

Psychiatric services specific to the needs of the individual with a developmental disability.

Staff/Family Consultation and Training

Professional training and consultation to families and direct service providers to better meet the needs of the person.

Supported Employment

Intensive, ongoing individual and group support to obtain and sustain employment. *Basic Plus, Core, CP only*

Transportation

Reimbursement to a provider for non-medical transportation required to access waiver services specified in the person-centered service plan/individual support plan.

Wellness Education

Monthly individualized printed educational materials designed to assist you in managing health related issues and achieving wellness goals. *Basic Plus, Core and IFS waivers only*

Additional services only available under the CIIBS and IFS waivers:

Assistive Technology

Products and training used to improve or maintain a person's functional abilities.

Specialized Clothing

Nonrestrictive clothing adapted to a persons' needs related to their disability.

Specialized Nutrition

The purchase of specialized foods needed to sustain a person in the family home and ongoing monitoring by a certified dietician.

Therapeutic Equipment and Supplies

Equipment and supplies needed to implement a therapeutic or behavioral support plan.

Vehicle Modification

Adaptations to a vehicle that accommodate individualized need and support community integration.

Additional services only available under the IFS waivers:

Community Engagement

Services to increase a person's connection to and engagement in formal and informal community supports.

Peer Mentoring

Peer mentors utilize their personal experiences to provide support and guidance to a waiver participant and their family.

Person-Centered Plan Facilitation

A life planning process to enable individuals to increase personal self-determination and develop an action plan.

Supported Parenting Services

Services include teaching, parent coaching, and other supportive strategies in areas critical to parenting, to participants who are parents or expectant parents.



Region 1 North

1 (800) 462-0624
1611 W. Indiana Ave.
Spokane, WA 99205-4221
Phone (509) 329-2900
*NPS (800) 319-7116

Region 2 North

1 (800) 788-2053
840 N. Broadway
Bldg. A., Suite 100
Everett, WA 98201-1288
Phone (425) 339-4833
*NPS (800) 567-5582

Region 3 North

1 (800) 248-0949
1305 Tacoma Ave. S.
Suite 300
Tacoma, WA 98402
Phone (253) 404-5500
*NPS (800) 735-6740

Region 1 South

1 (800) 822-7840
3700 Fruitvale Blvd. Suite 200
Yakima, WA 98909-2500
Phone (509) 225-4620
*NPS (866) 715-3646

Region 2 South

1 (800) 314-3296
1700 E. Cherry St. Suite 200
Seattle, WA 98122
Phone (206) 568-5700
*NPS (800) 974-4428

Region 3 South

1 (800) 339-8227
Point Plaza East
Bldg. 2, 3rd Floor
6860 Capitol Blvd. SE
Olympia, WA 98504-5315
Phone (360) 725-4250
*NPS (888) 707-1202

*DDA clients with No Paid Service
Persons with hearing loss or with speech disability can call the Washington
Telecommunication Relay Service by dialing 7-1-1 or 1-800-833-6388 (TTY)

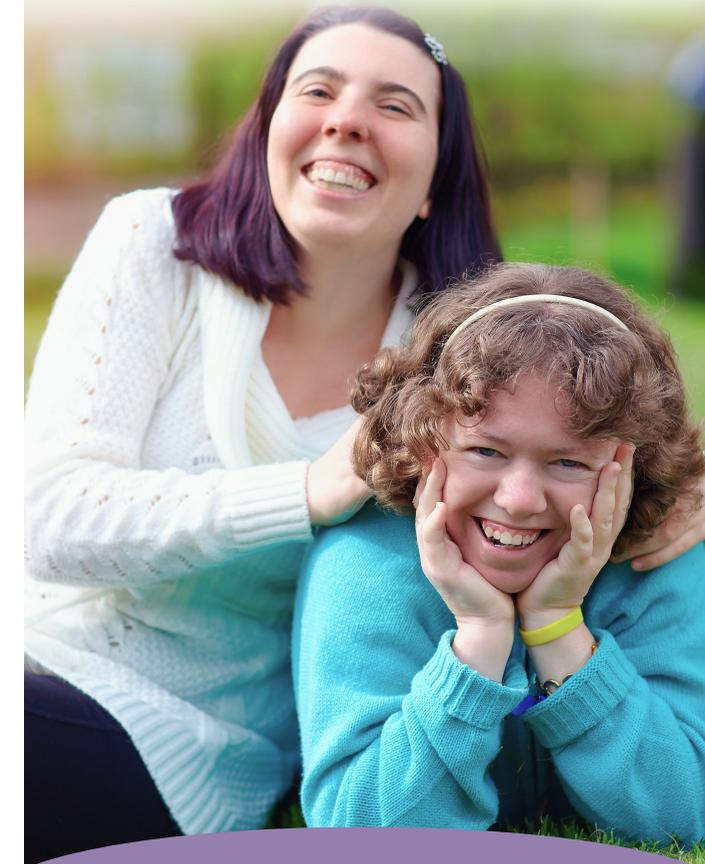
For more information,
visit the DDA website at:
www.dshs.wa.gov/dda



Transforming lives

DSHS 22-605 (Rev. 7/16)

Home and Community Based Waiver Services



Transforming lives

Waiver Overview

Washington State's Developmental Disabilities Administration (DDA) has designed five Home and Community-Based Service (HCBS) Waiver programs. Each waiver offers specific services to meet the health and welfare needs of individuals in the community rather than in an institution.

Basic Plus supports individuals who require waiver services to meet their assessed health and welfare needs in the community. This can be provided in their own home, family home, or in an Adult Family Home or Adult Residential Center.

Children's Intensive In-home Behavior Support (CIIBS) supports youth at risk of out-of-home placement due to challenging behaviors. The CIIBS model involves wraparound planning and family-centered positive behavior support.

Community Protection (CP) offers therapeutic residential supports for individuals who have been assessed to require 24-hour, on-site staff supervision to ensure the safety of others. Participants voluntarily agree to follow the Community Protection guidelines.

Core offers residential options to individuals at immediate risk of institutional placement or who have an identified health and welfare need for services that cannot be met by the Basic Plus Waiver.

Individual and Family Services (IFS) supports individuals who require waiver services to remain in the family home.

Waiver Eligibility

An individual must meet all of the following criteria:

- Be an eligible client of DDA per RCW 71A.10.020.
- Have a disability according to criteria established in the Social Security Act.
- Apply for long-term care services/Medicaid and verify income does not exceed 300% of the SSI federal benefit standard.
 - For a child, the parent's income and resources are not considered.
 - For an adult living with a spouse, the spouse's income and resources are not considered.
- Have resources less than \$2,000 or be in the Apple Health for Workers with Disabilities (HWD) program.
- Needs the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/ID) as determined by the DDA assessment.
- A Person-Centered Service Plan/Individual Support Plan (ISP) shows how the individual's health, safety, and habilitation needs can be met in the community with a monthly waiver service and/or monthly monitoring.
- Agrees to accept home and community-based services rather than an ICF/ID.
- For CIIBS only, participants must:
 - Be age 8 through 17 for initial enrollment (served through age 20);
 - Be initially assessed at high or severe risk of out-of-home placement due to challenging behaviors; and
 - Live with family who agree to participate in the CIIBS program.
- For IFS only, participants must:
 - Be age 3 or older; and
 - Live in the family home.

Access to a Waiver

You may request to be enrolled on a waiver or a different waiver at any time. Talk with your Case/ Resource Manager (CRM). If you do not have a CRM, leave a message on your local No-Paid Service line listed under Regional Offices.

Meeting service criteria for the waiver does not guarantee access to waiver services. Each waiver has a limit on the number of people who can be served. DDA has the authority to limit enrollment in the waivers based on availability of funding for new waiver participants.

Administrative Hearing Rights

You have the right to an administrative hearing with any of the following decisions regardless of your program or service:

- DDA eligibility is denied, terminated or DDA has unreasonably delayed acting on your application; or
- Type or amount of service you are authorized to receive; or
- Denial, reduction, or termination of services; or
- Denial of your choice of service provider; or
- If you are moved to a different residential setting, not of your choice; or
- DDA refusal to abide by your request not to send notices to any other person; or
- Disenrollment from a waiver program; or
- Denial of your request to receive ICF/ID services instead of waiver services.
- DDA makes a decision that the services available on your current waiver can meet your health and welfare needs and you disagree; or
- You have been assessed to not need ICF/ID level of care; or
- You have been assessed to not meet CIIBS eligibility.

Waiver Services

Each waiver has a specific service package. You and your CRM will plan for services based on your individually assessed health and welfare needs within the limits of your waiver. These services will be documented in your ISP. Some services require review and approval prior to inclusion in the ISP. Talk to your CRM about what information is needed for prior approval. Availability for each service is indicated after the service description. If there is no limiting comment, the service is available in all waivers.

Behavior Health Stabilization Services

Services to assist persons who are experiencing a behavioral health crisis.

Behavior Support and Consultation

Supports that assess and address individuals' behavioral health needs. These include direct interventions to promote behaviors that improve quality of life and inclusion in the community.

Behavioral Health Crisis Diversion Bed Services

Temporary residential and behavioral services for persons at risk of serious decline of mental functioning and at risk of psychiatric hospitalization.

Community Access

Individualized support services that provide opportunities to connect you with people in your local community so that you can build relationships and friendships with others who have similar interests as you. *Basic Plus, Core only*

Community Guide

Short-term services designed to develop creative, flexible, and supportive community resources for individuals. *Basic Plus, Core only*

Emergency Assistance

A temporary increase to the yearly dollar limit when additional services are required. *Basic Plus only*

Environmental Accessibility Adaptations

Physical modifications to the home required for a person to continue living in the community.

