Juvenile Rehabilitation Administration

Vision, Mission, and Core Values

Vision

We will contribute to the quality of life in Washington State through the use of our leadership, resources, and the commitment of our staff to strengthen communities and services to juvenile offenders.

Mission

Our mission is to protect the public, hold juvenile offenders accountable for their crimes, and reduce criminal behavior through a continuum of preventive, rehabilitative, and transition programs in residential and community settings.

Core Values

- Community Protection
- Youth Accountability
- Youth Competency Development
- Staff Development and Participation
- Program Accountability
- Collaboration with Stakeholders

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Parole Services

JRA Region 4

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Washington State Department of Social & Health Services
JRA Juvenile Rehabilitation Administration
DSHS 22-1102 (2/05)

Functional Family Parole

Family support is critical to preventing youth from re-offending.

JRA has radically shifted how it provides parole aftercare services – from a primary focus on the offender to a service delivery model that focuses on the entire family.

This model, Functional Family Parole (FFP) began in 2002 and is a key component of JRA's Integrated Treatment Model (ITM).

JRA parole counselors help families:

- Improve how they work together to accomplish family goals.
- Move beyond blaming and negative expectations of each other.
- Learn strategies to support and reinforce the positive changes their child has made while in JRA.

Sex Offender Parole/Services

Sex offender treatment services use a cognitive behavioral approach which includes:

- An individual, group and/or family treatment setting.
- Family involvement.
- Relevant core components designed to match to a youth's treatment needs.

Functional Family Therapy

Functional Family Therapy (FFT) is a 12-week family intervention program that has shown significant reductions in delinquency, re-arrest, out-of-home placement, violence, and substance abuse in at-risk youth.

FFT Coordinators:

- Help families develop trusting relationships and learn how individual problems affect each person in the family.
- Actively teach parents, youth, and others how to replace negative blaming experiences with ways to be positive and supportive of each other.
- Teach a variety of parenting skills that are creative and highly effective.

Mental Health/Substance Abuse

Mental health and substance abuse services include:

- Screening and referral for chemical dependency treatment.
- Referral to Family Integrated Therapy (FIT).
- Assistance obtaining Washington State medical insurance.
- Referrals for medication management and counseling.

Mentor Program

The goal of the mentor program is to match adult mentors to youth involved in the juvenile justice system. Mentors act as role models to help JRA youth lead a crime and substance abuse-free lifestyle.

- Mentors meet with youth at the institutions for the last two to five months of their sentence.
- Mentors continue to meet with JRA youth when they parole to King County.
- The program is researched based to show a significant reduction in recidivism.

Other Parole Services

- Summer Learning Center
- Interstate Compact Supervision
- Referral to job skill training and employment services
- Transportation for appointments
- Graduated Interventions

Information

Please visit the JRA web site at:

www1.dshs.wa.gov/jra